

Eastern Aroostook Adult & Community Education

Certified Nurse Assistant Course – Philosophy

Nursing care is concerned with the basic needs of individuals who have physical, mental, social, and cultural dysfunctions. The Certified Nurse Assistant, with appropriate education and training, is capable of giving nursing care under the supervision and delegation of the registered professional nurse in tasks, which support nursing practice.

Objectives:

The objectives of this course: is to provide a means of acquiring basic nursing techniques and skills designed to furnish the graduate with entry level skills in the health field.

The experience gained as a Certified Nurse Assistant also enables the individual to consider and pursue upward mobility in the health services as opportunities arise.

At completion of this course, the student will be able to:

- a. Maintain a proper physical and emotional patient environment
- b. Report and record observations
- c. Provide assistance in personal hygiene
- d. Assist with body movement and ambulation
- e. Assist with nutrition and elimination
- f. Assist in emergency situations
- g. Communicate in an effective, positive manner
- h. Assist the registered professional nurse to provide general patient care

I. General Information

This course will consist of 200 hours of instruction, with 100 hours spent in classroom and laboratory instruction, and 100 hours devoted to supervised clinical experience and instruction

The classroom and laboratory instruction will take place twice a week. Times will be announced. The clinical portion of the program will be scheduled three (3) weeks in advance. Each student will be required to participate in a clinical experience.

Each applicant will be interviewed prior to being accepted into the program. Each interview will be about ten (10) to fifteen (15) minutes in length. The adult education office will contact you to arrange a time for your interview.

(Please note: This is a formal interview, please dress appropriately.)

II. Entry Requirements

- a. Pass the entrance exam (CASAS) with a minimum of 9.0 – Reading Comprehension
- b. Be in good physical and mental health
- c. Be well groomed and practice acceptable personal hygiene
- d. Demonstrate sincere concern, compassion, and understanding for people; especially the elderly
- e. Must be honest and forthcoming with criminal background
- f. Individuals convicted or incarcerated for any crimes listed on the LD780 are **NOT** eligible work as a C.N.A. in Maine. RSU39 Adult Education is required to do a criminal records check through the Maine State Police to verify. You **MUST** provide all last names to avoid the extra fee for a second records check, which the student is responsible to pay in advance

III. Course Requirements

- a. When accepted into the CNA Course, a physical examination will be required. A new physical exam is not required if a previous exam was done within one (1) year of the course. With the expiration date occurring *after* the end of the course.
- b. A TB Test (Mandatory) must also meet above rules for a physical
- c. Students are allowed to be absent for no more than one (1) class. Special exceptions may be considered only at the discretion of the instructor and the Adult Education Director.
- d. Students must maintain a passing grade of at least 75% in the classroom.
- e. Students must maintain acceptable evaluations throughout the clinical experience. Successful completion of clinical training will include a final comprehensive evaluation and exit interview.
- f. Non-Compliance with any of these requirements may result in dismissal from program.

IV. Grading

Students will be graded on:

1. Written exams
2. Class participation and preparation
3. Performance of nursing skills
4. Attitude toward learning and critical evaluations.

V. Cost

- a. The total cost, including manuals, is \$750.
- b. Upon acceptance into the program, payment must be paid in full, or have a letter of intent to pay from an agency or facility that is committing to sponsor them upon approval of the program
Any undisclosed information, including additional names, that result in an additional background check will be at the expense of the student.
- c. Refunds will not be available.
- d. Other expenses will include uniforms, watch with a second hand, blood pressure cuff, gait belt, and proper footwear. Your CNA instructor will explain the requirements for uniforms & footwear.